

Day: Tuesday

Indoor Summer Camp

Week One: May 28th - 31st

Key Commitment: Using Good Judgement

I respect the rules in golf and in life

Golf Fundamental/Factor of Influence:

Distance Response/Size and Length of Swing

Core Lesson: Welcome to First Tee, Let's Work Together

Understand the impact of their words and actions and can show respect and courtesy to themselves, others, and their surroundings.

WARM-UP: CHOOSE AT LEAST THREE

Strength - Balance - Object Control - Flexibility/Mobility - Agility/Coordination

WRAP-UP QUESTIONS

- What does being honest look like?
- Is integrity something you have, or something you do?
- How do players demonstrate honesty and integrity while playing golf?
- If your ball does not go the distance you wanted, what can you change?

GOLF RULE 1.1: CONDUCT

Golf is played in a round of 18 on a course by striking the ball with a club. Each hole starts with a stroke from the tee box and ends when the ball is holed on the putting green.

SCHEDULE

8:00AM: Lead Coach Arrives

8:30AM: Asst. Coach Arrives

8:45AM: Participants Arrive

9:00AM: Introduction and Warm-Ups

9:10AM: Rotation 1

- **Simulator:** Straight Shooter-Carry
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Through the Gate

10:40AM: Wrap up & Break

11:05AM: Rotation 2

- **Simulator:** Hit the Ducky
- **TV:** EX-Putt: Classic Play 9
- **Putting Green:** Silver Dollars

12:35PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break

1:00PM: Warm up

1:10PM: Rotation 3

- **Simulator:** Short Game Points
- **TV:** XBOX Golf: Ocean Driver
- **Putting Green:** Clock Putting

2:40PM: Wrap up & Break

3:05PM: Rotation 4

- **Simulator:** Arena Targets
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Lag it in

4:35PM: Key Commitment Reflection

5:00PM: Dismissal

Day: Wednesday

Indoor Summer Camp

Week One: May 28th - 31st

Key Commitment: Collaborating with others

I respect others perspectives especially when they are different from mine

Golf Fundamental/Factor of Influence

Get Ready to Swing/Hold and Set-Up

Core Lesson: Making good choices; doing the right thing

Golfers understand the importance of honesty and integrity in the game of golf and life.

WARM-UP: CHOOSE AT LEAST THREE

Strength - Balance - Object Control - Flexibility/Mobility - Agility/Coordination

WRAP-UP QUESTIONS

- What does collaborating with others look, sound or feel like?
- Why are respect and courtesy important on the course, at home and in school??
- What are some ways we can have positive impact with our words and actions??
- What golf skills did you learn today?

GOLF RULE 3.3A: STROKE PLAY

The player who competes all rounds in the fewest total strokes is the winner.

- In a handicap competition, this means the fewest total net strokes.

SCHEDULE

8:00AM: Lead Coach Arrives

8:30AM: Asst. Coach Arrives

8:45AM: Participants Arrive

9:00AM: Introduction and Warm-Ups

9:10AM: Rotation 1

- **Simulator:** Arena Shotmaker
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Tic Tac Toe Putting

10:40AM: Wrap up & Break

11:05AM: Rotation 2

- **Simulator:** Driving Range
- **TV:** XBOX Golf: Ocean Driver
- **Putting Green:** Cow Pasture Pool

12:35PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break

1:00PM: Warm up

1:10PM: Rotation 3

- **Simulator:** Putting Pool
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Connect the Dots

2:40PM: Wrap up & Break

3:05PM: Rotation 4

- **Simulator:** Break it All
- **TV:** EX-Putt: Classic Play 9
- **Putting Green:** Think Box Putting

4:35PM: Key Commitment Reflection

5:00PM: Dismissal

Day: Thursday

Indoor Summer Camp

Week One: May 28th - 31st

Key Commitment: Building Self Identity

I am finding self-confidence

Golf Fundamental/Factor of Influence

Target Awareness/Target Selection

Core Lesson: Learn and Grow with Grit

Participants can state and demonstrate the Three Tips for Developing Grit -
Be Patient - Be Positive - Ask for Help.

WARM-UP: CHOOSE AT LEAST THREE

Strength - Balance - Object Control - Flexibility/Mobility - Agility/Coordination

WRAP-UP QUESTIONS

- What are you good at? How did you become good at these things?
- Why do you think believing “you can” is important?
- How can you help others develop their own self-confidence?
- How can having self confidence in golf and in life?

GOLF RULE 8.2A: PLAYING AS IT LIES

This rule covers a player’s deliberate actions to alter other physical conditions that affect his or her ball at rest or stroke to be made

SCHEDULE

8:00AM: Lead Coach Arrives

8:30AM: Asst. Coach Arrives

8:45AM: Participants Arrive

9:00AM: Introduction and Warm-Ups

9:10AM: Rotation 1

- **Simulator:** Field Goal Golf
- **TV:** XBOX Golf: Ocean Driver
- **Putting Green:** Battleship Putting

10:40AM: Wrap up & Break

11:05AM: Rotation 2

- **Simulator:** Arena Targets - Carry
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Hopscotch Putting

12:35PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break

1:00PM: Warm up

1:10PM: Rotation 3

- **Simulator:** Short Game
- **TV:** EX-Putt: Classic Play 9
- **Putting Green:** Croquet Putting

2:40PM: Wrap up & Break

3:05PM: Rotation 4

- **Simulator:** Targets Tour
- **TV:** XBOX Golf: Ocean Driver
- **Putting Green:** Bocce Putting

4:35PM: Key Commitment Reflection

5:00PM: Dismissal

Day: Friday

Indoor Summer Camp

Week One: May 28th - 31st

Key Commitment: Growing Through Challenge

I am discovering my inner strength

Golf Fundamental/Factor of Influence

Get Ready to Swing/Aim and Alignment

Core Lesson: I am a good sport; being a team player

Golfers understand the importance of sportsmanship and being a good sport.

WARM-UP: CHOOSE AT LEAST THREE

Strength - Balance - Object Control - Flexibility/Mobility - Agility/Coordination

WRAP-UP QUESTIONS

- What does it mean to persevere?
- What does it feel like when you persevere through something?
- How have you grown through challenge?
- How can you maintain pace of play?
- What is a tee time?

GOLF RULE 13.1: THE PUTTING GREEN

This rule allows players to do things on the green that are normally not allowed off the green, such as being able to lift, clean and replace a ball to repair damage and remove sand or soil from the ball.

SCHEDULE

8:00AM: Lead Coach Arrives

8:30AM: Asst. Coach Arrives

8:45AM: Participants Arrive

9:00AM: Introduction and Warm-Ups

9:10AM: Rotation 1

- **Simulator:** Play Golf
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Track Putting

10:40AM: Wrap up & Break

11:05AM: Rotation 2

- **Simulator:** Straight Shooter
- **TV:** EX-Putt: Classic Play 9
- **Putting Green:** Starting Block

12:35PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break

1:00PM: Warm up

1:10PM: Rotation 3

- **Simulator:** Pressure Cooker
- **TV:** XBOX Golf: Ocean Driver
- **Putting Green:** Sharks and Minnows

2:40PM: Wrap up & Break

3:05PM: Rotation 4

- **Simulator:** Target Range
- **TV:** XBOX Golf: Multiplayer Match
- **Putting Green:** Capture the Prize

4:35PM: Key Commitment Reflection

5:00PM: Dismissal