

Outdoor Summer Camps

Week Two: Monday

Key Commitment: Pursuing Goals

I am not afraid to fail

Golf Fundamental/Factor of Influence:

Targets/What are targets and learn to aim

Core Lesson: On your mark, get set, goals

Participants learn that the process of pursuing goals is important because there is much to learn from achievements and setbacks

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- Why is it important to set goals and work toward achieving them?
- What are some examples of poor sportsmanship, and what could a player say or do instead?
- How does being a good sport help you collaborate with others?
- How do rules make games fair and fun for everyone?
- What does it mean to play the ball as it lies?
- Why is important to keep your clubs clean?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Penny Putting/Putting Dodgeball
10:35AM: Break
10:45AM 1,2,3 Beach/Frogger
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 18.2: BALL LOST OR OUT OF BOUNDS

A player's ball is lost if not found within first three minutes after the player or their caddie begin to search for it.

Outdoor Summer Camps

Week Two: Tuesday

Key Commitment: Collaborating With Others

I show kindness, consideration and care for others

Golf Fundamental/Factor of Influence:

Get Ready To Swing/Hold and Set-Up

Core Lesson: Play with Perseverance: Commit Don't Quit

participants will understand the importance of persevering through challenges and struggles

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does collaborating with others look, sound or feel like?
 - Why are respect and courtesy important on the golf course? At school? At home?
 - What are some ways we can have a positive impact with our words and actions? •
- What golf skills did you learn today?
- What did you learn about the parts of the golf course?
 - What does a proper handshake consist of?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Balance Star Putting/Bank Shot Putting
10:35AM: Break
10:45AM Football Chipping/Darts Pitching
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 13.1B: IDENTIFYING A BALL

A player's ball at rest may be identified by seeing a ball come to a rest in circumstances it is known to be the player's ball

Outdoor Summer Camps Week Two: Wednesday

Key Commitment: Building Positive Self-Identity

I am discovering what I'm capable of

Golf Fundamental/Factor of Influence:

Target Awareness/Target Selection

Core Lesson: Using good judgement and making smart decisions

Participants use this understanding and appreciation to make informed decisions while playing golf

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What are you good at? How did you become good at doing those things?
- Why do you think believing that "You Can" is important?
- How can you help others develop their own self-confidence
- How can having self-confidence help you in golf and in life?
- What are some things you learned on the course today?
- What golf skills did you use today?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Faces/Draw Back Putting
10:35AM: Break
10:45AM Point Pitching/21 Chipping
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 6.4: ORDER OF PLAY

After players start a hole, the ball that is furthest from the hole is to be played first. If two balls are the same distance from the hole, the ball to be played first should be decided by agreement or random selection.

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Week Two: Thursday

Key Commitment: Growing Through Challenge

I can dig deep when things get tough

Golf Fundamental/Factor of Influence:

Get Ready To Swing/Aim And Aling

Core Lesson: Developing Confidence; I can do it!

Golfers understand that developing self-confidence is a process and that failing often comes before success.

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does it mean to persevere?
- What does it feel like after you persevere through something difficult?
- How have you grown through challenges?
- How can you make sure you maintain pace of play?
- Which golf skill requires you to persevere the most?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Putting Hopscotch/Lag It In
10:35AM: Break
10:45AM 3 Club Chipping/Over and Under
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 9.1:PLAYING A BALL WHERE IT CAME TO A REST

A player's ball on the course must be played as it lies except when the rules allow to play the ball from another spot or lift the ball and replace it in the original spot

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Week Two: Friday

Key Commitment: Using Good Judgment

I am honest with myself and others

Golf Fundamental/Factor of Influence:

Distance Response/Size and Length of Swing

Core Lesson: I can be responsible; respecting the rules!

Participants understand that demonstrating responsibility and respecting rules is a way of showing good judgement

WARM-UP: INCLUDE AT LEAST THREE

Strength
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Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What are some examples of responsible actions and good choices?
- How can you show personal responsibility?
- How can you demonstrate responsibility on the golf course
- What did you learn about aiming?
- Why is it important to take turns on the golf course?
- What are the parts of the golf club?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Cow Pasture/Capture The Prize
10:35AM: Break
10:45AM Second Chance/Pole Vault
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 9.2: DECIDING IF A BALL HAS MOVED

A player's ball at rest is treated as having moved only if it is *known* or virtually *certain* that it did. if it is not virtually certain, the ball is treated as if it had NOT moved