

Outdoor Summer Camps

Week Five: Monday

Key Commitment: Growing Through Challenge

I am developing my resilience

Golf Fundamental/Factor of Influence:

Get Ready To Swing/Aim And Align

Core Lesson: I am a good sport; being a team player

Golfers understand the importance of sportsmanship and being a good sport

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does it mean to persevere?
- What does it feel like after you persevere through something difficult?
- How have you grown through challenges?
- How can you make sure you maintain pace of play?
- Which golf skill requires you to persevere the most?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Seek And You Shall Find/ Around The World
10:35AM: Break
10:45AM: Hit The Number/ Roll The Die
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 19.2B: BACK OF THE LINE RELIEF

the player may drop the original ball or another ball in a relief area that is based on a reference line going straight back from the hole or through the spot of the original ball

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Week Five: Tuesday

Key Commitment: Using Good Judgment

I am honest with myself and others

Golf Fundamental/Factor of Influence:

Distance Response/Size and Length of Swing

Core Lesson: Play with Perseverance; Commit Don't Quit

Participants will understand the importance of persevering through challenges and struggles

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does it mean to persevere?
- What does it feel like after you persevere through something difficult?
- How have you grown through challenges?
- How can you make sure you maintain pace of play?
- Which golf skill requires you to persevere the most?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Lag It In/Hopscotch
10:35AM: Break
10:45AM: Know Your Distances/1,2,3, Beach
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 16.2: DANGEROUS ANIMAL RELIEF

A “dangerous animal condition” exists when a dangerous animal is near a ball and could cause harm to the player by playing their ball as it lies. In this scenario, a player may take relief.

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Week Five: Wednesday

Key Commitment: Pursuing Goals

I am not afraid to fail

Golf Fundamental/Factor of Influence:

Targets/What Are Targets and Learn to Aim

Core Lesson: On your mark, get set, goals

Participants learn that the process of pursuing goals is important because there is much to learn from achievements and setbacks

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- Why is it important to set goals and work toward achieving them?
- What are some examples of poor sportsmanship, and what could a player say or do instead?
- How does being a good sport help you collaborate with others?
- How do rules make games fair and fun for everyone?
- What does it mean to play the ball as it lies?
- Why is important to keep your clubs clean?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM:
10:35AM: Break
10:45AM: Knock Out Chipping/Lily Pad Chipping
12 00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 9.1B: WHEN BALL MOVES DURING BACKSWING

The ball must not be replaced no matter what caused it to move. Instead, the player must play the ball from where it comes to rest after the stroke.

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Week Five: Thursday

Key Commitment: Collaborating With Others

I know that my attitude and how I treat others have an impact

Golf Fundamental/Factor of Influence:

Get Ready to Swing/Hold and Set-Up

Core Lesson: Using Good Judgment and making smart decisions

Golfers and use this understanding and appreciation to make informed decisions while playing golf

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does collaborating with others look, sound or feel like?
- Why are respect and courtesy important on the golf course? At school? At home?
- What are some ways we can have a positive impact with our words and actions?
 - What golf skills did you learn today?
 - What did you learn about the parts of the golf course?
 - What does a proper handshake consist of?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Sharks and Minnows/Bocce Putting
10:35AM: Break
10:45AM: 15 Chips/Lane Chipping
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 10.1C: MAKING STROKE WHILE CROSSING LINE OF PLAY

The ball must not make a stroke from a stance with a foot deliberately placed on each side of, or with either foot deliberately touching, the line of play or an extension of that line.

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Week Five: Friday

Key Commitment: Building Positive Self Identity

I am discovering what I'm capable of

Golf Fundamental/Factor of Influence:

Target Awareness/Target Selection

Core Lesson: Developing Confidence, I can do it!

Golfers understand that developing self-confidence is a process and that failing often comes before success.

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What are you good at? How did you become good at doing those things?
- Why do you think believing that "You Can" is important?
- How can you help others develop their own self-confidence?
- How can having self-confidence help you in golf and in life?
- What are some things you learned on the course today?
- What golf skills did you use today?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Through The Gates/Dodgeball
10:35AM: Break
10:45AM: See The Target/Up And Over
12:00PM: Break
12:30PM: Key Commitment Reflection
1:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE 20.2C: WHEN WRONG RULINGS WILL BE CORRECTED

If a ruling by a referee or a committee is later found to be wrong: the ruling will be corrected, if possible, under the rules. If it is too late, the wrong ruling will stand.