

Outdoor Summer Camps

Week Six: Monday

Key Commitment: Using Good Judgment

I have the courage to do what is right, even when its hard

Golf Fundamental/Factor of Influence:

Distance Response/Size And Length Of Swing

Core Lesson: I can be responsible; respecting the rules

Golfers understand that demonstrating responsibility and respecting rules is a way of showing good judgment

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What are some examples of responsible actions and good choices?
- How can you show personal responsibility?
- How can you demonstrate responsibility on the golf course
- What did you learn about aiming?
- Why is it important to take turns on the golf course?
- What are the parts of the golf club?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Climb The Ladder/Silver Dollars
10:35AM: Break
10:45AM: All About The Club/Frogger
12:00PM: Lunch / snack break
12:30PM: Open practice
1:00PM: Half-Day arrival / dismissal
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 18.2: BALL LOST OR OUT OF BOUNDS

A player's ball is lost if not found within first three minutes after the player or their caddie begin to search for it.

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Week Six: Tuesday

Key Commitment: Pursuing Goals

I am learning from both my achievements and my setbacks

Golf Fundamental/Factor of Influence:

Targets/What Are Targets And Learn To Aim

Core Lesson: Making Good Choices; Doing the Right Thing

Golfers understand that demonstrating responsibility and respecting rules is a way of showing good judgment

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- Why is it important to set goals and work toward achieving them?
- What are some examples of poor sportsmanship, and what could a player say or do instead?
- How does being a good sport help you collaborate with others?
- How do rules make games fair and fun for everyone?
- What does it mean to play the ball as it lies?
- Why is important to keep your clubs clean?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Croquet Putting/Dodgeball
10:35AM: Break
10:45AM: Add The #/Chipping Bowling
12:00PM: Lunch / snack break
12:30PM: Open practice
1:00PM: Half-Day arrival / dismissal
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 8.2: PLAYING AS IT LIES

A player must not deliberately take any actions to alter any such other physical conditions to affect where the player' ball might go or come to a rest after their stroke.

Outdoor Summer Camps

Week Six: Wednesday

Key Commitment: Collaborating With Others

I respect other perspectives especially when they're different from mine

Golf Fundamental/Factor of Influence:

Get Ready To Swing/Hold And Set-Up

Core Lesson: Learn and Grow with Grit

Participants can state and demonstrate the Three Tips for Developing Grit • Be Patient • Be Positive • Ask For Help

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does collaborating with others look, sound or feel like?
- Why are respect and courtesy important on the golf course? At school? At home?
- What are some ways we can have a positive impact with our words and actions?
 - What golf skills did you learn today?
 - What did you learn about the parts of the golf course?
 - What does a proper handshake consist of?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Hopscotch/Battleship
10:35AM: Break
10:45AM: Lane Chipping/Tic Tac Toe
Chipping
12:00PM: Lunch / snack break
12:30PM: Open practice
1:00PM: Half-day arrival dismissal
1:20PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 8.1D: RESTORING CONDITIONS

If the conditions affecting the stroke are worsened after a player's ball came to rest, the original conditions must be restored nearly as possible

Outdoor Summer Camps

Week six: Thursday

Key Commitment: Building Positive Self Identity

I feel safe to be myself

Golf Fundamental/Factor of Influence:

Target Awareness/Target Selection

Core Lesson: I am a good sport; being a team player

Golfers understand the importance of sportsmanship and being a good sport

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What are you good at? How did you become good at doing those things?
- Why do you think believing that "You Can" is important?
- How can you help others develop their own self-confidence?
- How can having self-confidence help you in golf and in life?
- What are some things you learned on the course today?
- What golf skills did you use today?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Sharks and Minnows/Bocce Putting
10:35AM: Break
10:45AM: Over Under/Target Selection
Chipping
12:00PM: Lunch / snack break
12:30PM: Open practice

12:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
12:30PM: Driving Range, chipping and putting warm-up
1:00PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 19.2B: BACK ON THE LINE RELIEF

the player may drop the original ball or another ball in a relief area that is based on a reference line going straight back from the hole or through the spot of the original ball

Outdoor Summer Camp

Week Six: Friday

Key Commitment: Growing Through Challenge

I can dig deep when things get tough

Golf Fundamental/Factor of Influence:

Get Ready To Swing/Aim And Align

Core Lesson: Play with Perseverance; Commit Don't Quit

participants will understand the importance of persevering through challenges and struggles

WARM-UP: INCLUDE AT LEAST THREE

Strength
Flexibility & Mobility
Agility & Coordination
Balance
Object Control

WRAP-UP QUESTIONS: ASK AT LEAST THREE

- What does it mean to persevere?
- What does it feel like after you persevere through something difficult?
- How have you grown through challenges?
- How can you make sure you maintain pace of play?
- Which golf skill requires you to persevere the most?

SCHEDULE

8:00AM: Lead Coach Arrives
8:30AM: Asst. Coach Arrives
8:45AM: Participants Arrive
9:00AM: Introduction and Warm-Ups
9:20AM: Seek And You Shall Find/Lollipop
10:20AM: Break
10:30AM: Pole Vault/Roll The Die
11:30AM: Break
11:40AM: Key Commitment Reflection
12:00PM: Half-Day Camper Dismissal, Full-Day Camper Lunch Break
12:30PM: Driving Range, chipping and putting warm-up
1:00PM: On Course Play
4:25PM: Return to clubhouse for break
4:45PM: Key Commitment Reflection

GOLF RULE: GOLF RULE 14.1B: WHO MAY LIFT BALL

The ball may be lifted under the rules only by: the player, or anyone the player gives authority to. Such authority must be given each time before the ball is moved.